

## **Adult Learning in the Community 2014/15**

### **British Sign Language and Deaf Awareness Training (6 Hours)\*\***

Linkbridge Community Centre, Burnley – 25<sup>th</sup> Sept 2014 10am – 4pm  
East Lancashire Resource Centre, Burnley - Wed 29<sup>th</sup> Oct 2014 10am – 4pm  
Linkbridge Community Centre, Burnley – 4<sup>th</sup> Dec 2014 10am – 4pm  
East Lancashire Resource Centre, Burnley Tues 3<sup>rd</sup> Feb 2015 10am – 4pm

### **Mental Health Awareness (3 hours)\*\***

Clitheroe Community Fire Station – 1<sup>st</sup> Oct 2014 1.30pm – 4.30pm  
Linkbridge Community Centre, Burnley – 10<sup>th</sup> Oct 2014 9.30am – 12.30pm  
East Lancashire Resource Centre, Burnley - 28<sup>th</sup> Jan 2015 9.30am – 12.30pm

### **Mental Health First Aid (12 hours)\*\***

Laneside, Ribblesdale Ave, Accrington – Thurs 25<sup>th</sup> & Fri 26<sup>th</sup> Sept 2014  
9.30am – 4.30pm  
Linkbridge Community Centre, Burnley – Mon 2<sup>nd</sup>, 9<sup>th</sup>, 16<sup>th</sup> and 23<sup>rd</sup> Feb  
2015 9.30am – 12.30pm

### **Youth Mental Health First Aid (14 hours)\*\***

TBC

**Please contact us for further details or to book your place on;  
Telephone :01254 841762/ 07782213480  
or email [zoe@accessability.org.uk](mailto:zoe@accessability.org.uk)**

**If you would like in-house training for 10 or more people,  
please contact us to discuss further.**

*Limited availability on all above courses, there will be a fee for no shows and last minute cancellations on fully funded places*

*\*\* Fully Funded for Lancashire Residents only with an eligibility criteria to meet, also please contact before booking if non-Lancashire resident*



## **Funded Adult Learning in the Community 2014/15**

### **Mental Health First Aid Training (2 days/ 12 hours)**

Mental health problems can affect people at any time of life in different ways. They affect not only individuals and their families, but friends, work colleagues and employers too. Many people suffer a mental illness for a long time before they seek help.

An MHFA course will teach you to:

- Spot the early signs of a mental health problem
- Feel confident helping someone experiencing a problem
- Provide help on a first aid basis
- Help prevent someone from hurting themselves or others
- Help stop a mental illness from getting worse
- Help someone recover faster
- Guide someone towards the right support
- Reduce the stigma of mental health problems

**Thursday 25<sup>th</sup> & Friday 26<sup>th</sup> September 2015**

**9.30am – 4.30pm**

**Venue: Hyndburn Homes - Laneside, 98 Ribblesdale Ave, Whalley Rd, Accrington, BB5 5BH**

**To book call 01254 841762 / 07782213480 or  
Email: [zoe@accessability.org.uk](mailto:zoe@accessability.org.uk)**

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*\*\* Fully Funded for Lancashire Residents only with an eligibility criteria to meet, also please contact before booking if non-Lancashire resident*

**ENGAGE | EDUCATE | EMPLOY**

Registered Community Interest Company: 8168187

# *CVS Training Programme*

## **Mental Health First Aid**

**Thursday 13<sup>th</sup> & Friday 14<sup>th</sup> November 2014**

**Time: 9:30 am - 4.30 pm**

## **Youth Mental Health First Aid**

**Wednesday 10<sup>th</sup> & Thursday 11<sup>th</sup> December 2014**

**Time: 9 am - 5 pm**

**Venue: East Lancs Voluntary Sector Resource Centre:  
62-64 Yorkshire Street, Burnley, Lancs, BB11 3BT**

**To book call on 01282 415163/433740  
Or Email: [Janette.holden@bprcvs.co.uk](mailto:Janette.holden@bprcvs.co.uk)**

**Courses provided by:**

**Access Ability CIC**

**Supported by:**

**East Lancs Voluntary Sector Resource Centre**

**Burnley, Pendle & Rossendale CVS Volunteer Centre**

**Lancashire County Council - Lancashire Adult Learning**

This training is FUNDED to VCF members and volunteers across Lancashire

BPRCVS reserve the right to change courses, dates & venues if necessary. **Photographs** may be taken during these sessions for evidence purposes and may be used for display items in the future.

Burnley, Pendle & Rossendale Council for Voluntary Service, ELVSRC 62 - 64 Yorkshire Street, Burnley, Lancashire. BB11 3BT.

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